



UNIVERSITÉ
LAVAL

Faculté des études supérieures
et postdoctorales

Postdoc Appreciation Week (September 14–18, 2026)

TODAY A POSTDOC, TOMORROW THE WORLD

Theme: Excellence Through Best Practices in Well-Being

Event organized by Université Laval, in-person and online

Friday, September 18, 2026, 2:30 p.m.

Espace Jardin (Room ADJ-1440) located on the 1st floor of the Alphonse-Desjardins Building

2:30 p.m.	Welcome Message Annie Pilote Dean of the Faculty of Graduate and Postdoctoral Studies at Université Laval
2:35 p.m.	Guest Speaker Simon Coulombe, Full Professor in the Department of Industrial Relations at Université Laval
3:05 p.m.	Panel Discussion Panelists Caroline Duchaine, Full Professor, Department of Biochemistry, Microbiology, and Bioinformatics, Université Laval Julie Bilodeau, Director, Bureau du respect de la personne, Université Laval Mélissa Thomas, Postdoctoral Fellow, Université Laval Abraao Almeida Santos, Postdoctoral Fellow, Université Laval Moderator: Jean-Baptiste Vergnes, Postdoctoral Fellow, Université Laval
4:05 p.m.	Closing Remarks Marie-Renée Blanchet Associate Dean of the Faculty of Graduate and Postdoctoral Studies at Université Laval
4:20 p.m.	Networking Event (Wine and Cheese)